

# Jiva Ayurveda boosts immunity with nutritious ghee

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**Sourced from the highest quality A2 milk from Gir Cows, which has optimum levels of OMEGA 3 and OMEGA 6 fatty-acids**



Ayurveda has been known for herbs/foods that help in boosting immunity. Jiva Ayurveda has come up with a vital nutritional support for the entire family.

Jiva A2 Ghee is made from the highest quality A2 milk of Gir Cows. The ghee is made with the nutrient-preserving 'Bilona Churning Process'. The churning being bidirectional enhances the medicinal properties of ghee.

The ghee is a source of healthy amino acids, Vitamins such as B2, B12, B6, C, E and K. It also possesses OMEGA 3 and OMEGA 6 fatty-acids, which is beneficial in making the brain, heart, nervous system and eyes healthier.

OMEGA 3 and 6 has been known to reduce risk of neurological problems such as ADHD and other behavioural problems in growing children. It is also helpful in

reducing blood pressure and blood cholesterol levels.

Jiva A2 Ghee has essential macro and micro nutrients that fulfil the daily dietary requirement of the body and provides rejuvenation support for better cognitive and neurological functions.

Jiva A2 Ghee is available in packs of 300ml and 1000ml across all leading stores and online at [store.jiva.com](http://store.jiva.com) for Rs. 725 and Rs. 1999.