

This Father's Day, Pull Out All Stops To Celebrate Your Superhero!

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by Aishwarya Acharya | June 18, 2021, 16:49 IST

June 18, 2021



Image: Shutterstock

A son's first hero and daughter's first love, it is impossible to just devote a single day to celebrate our fathers! Right from the moment we set foot in this world to the time we pass, the role of our fathers in our lives thereon will stay imprinted and irreplaceable. Their love, care, affection, conviction, belief, confidence, worry, and instincts to make every minute of our lives worth living is why just one day is NOT enough! However, make the most of this opportunity, appreciating and acknowledging their presence in our lives is the least we can do. So, here is an ode to the superheroes of our lives, who are always around to watch us, inspire us, and support us! Let's celebrate Father's Day pulling out all stops because they deserve it and are definitely worth it! Here are a few thoughtful gifts you can surprise your hero with and we are sure he will love them!

Oil Pulling, Jiva Ayurveda



Image: Jiva Ayurveda

Starting your day with oil pulling even before brushing your teeth renders numerous oral benefits! If your dad is using just coconut oil, this one will make for a perfect replacement with herbs clove, cardamom, *mulethi* and *khadira*.